

Love.

MENTAL.

You.

Our goal:

Raising awareness about mental health in
the school system
(students, teachers, parents)

*Love.
MENTAL.
You.*

Statistics:

- ❑ More than 35% of the parents are concerned about the mental health of their children
- ❑ Every third person in Bulgaria will be touched by some kind of mental issue in their lifetime
- ❑ 50% of those issue will start before the age of 14
- ❑ 75% will start before the age of 24

*according to UNICEF

*Love.
MENTAL.
You.*

Target groups:

- ☐ students
- ☐ parents
- ☐ teachers

*Love.
MENTAL.
You.*

What we offer:

- ❑ To train a mentor to provide a bulgarian version of the Mental Health First Aid Course
- ❑ Assessment of the target groups - teachers and parents
- ❑ Obtain the First Aid Course and get certified
- ❑ Lections concerning understanding of mental health issues and how to be supportive
- ❑ Supervising and advising the trained group
- ❑ Internet presence of our organisation

*Love.
MENTAL.
You.*

Thank you for your attention!

Contacts:

0876949301

yoanna_stoqnova@abv.bg

*Love.
MENTAL.
You.*